

Constantiakruin

Andrew Murray
Congregation

FAMILY NEWS

19 MARCH 2023

Our Vision

The Lord **sends each one** of us to the **wounded**, inside and outside the congregation to **change lives** through help and hope!

Our Faith Habbits

Silence and Solitude **Lectio Divina** **Daily Reflection**

My Faith Journey



WORSHIP SERVICES FOR UPCOMING SUNDAYS



AFRIKAANS
19 MAART 2023
08:15 EN 10:00


Dr. Wicus van der Merwe

TEMA

Weer en weer wys Jesus vir ons die weg

TEKS

Johannes 2



ENGLISH
19 MARCH 2023
10:00


Rev. Barend Buys

THEME

Suffering - Have I maybe lost my faith?

SCRIPTURE

John 19:17 to 27



Come enjoy each others company at the Koffiekan!

Sundays after the Service

tea | coffee | water | juice



AFRIKAANS
26 MAART 2023
08:15 EN 10:00

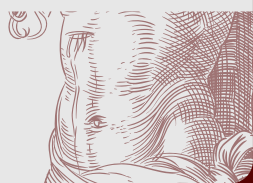

Dr. Anton Fick

TEMA

Waarom glo ek steeds?

TEKS

Filippense 2:5-11



ENGLISH
26 MARCH 2023
10:00

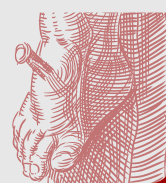

Rev. Barend Buys

THEME

Will be announced

SCRIPTURE

Will be announced




PLEASE PRAY FOR THE PERSONS ON OUR PRAYER LIST

You are welcome to let us know if you need prayer in connection with sickness, operations, or death so that we can enfold you in prayer!!

Please feel free to **Call** or **WhatsApp** the Church Office to obtain the contact details of the person/s on the prayer list.

 011 475 1440


 076 791 2312


WE WANT

TO PRAY

FOR YOU

SEND YOUR PRAYER REQUESTS THE FOLLOWING WAYS

 gebed@constantiakruin.co.za

 constantiakruin.co.za/gebedsbediening/

Hannetjie Brody
Santa Geyer
Elsa de Villiers
Anna Spammer
Bettie Yzelle
Marthie Richards
Wina Pieters
Louise Wolhuter
Natasha van Dyk
Hendrik Wiese
Gert Kotze
Debbie van Heerden
Willa Kemp
Erana van der Mark
Louise de Wet
Daleen Swanepoel
Lynette de Villiers

Lettie Volk passed away & our thoughts & prayers are with her family.

PRAYER LIST

THINK ABOUT YOUR PRAYER RHYTHMS

We invite the congregation this week to think about your prayer rhythms. One is the sum total of your habits, and therefore it is a very good practice to build the right habits into your life. We as a congregation, have discovered with the journey of faith, that there are a number of ancient habits of faith that have been with the church for centuries, which can be very helpful for us in our following of Christ. We invite you to see which of these prayer habits can also become your own prayer habits:

- **First thing in the morning: Silence & Solitude.** Take 15 minutes to sit in the presence of your heavenly Father and enjoy His company. You can pour out your heart to Him, knowing that He is your loving Father with all the wisdom for you for the day ahead.
- **In the middle of the day: Lectio Divina.** Take 15 minutes to read a passage in the Bible this way: you are not reading for information, but to see what word or thought from God's Word speaks to you. Then you talk to the Lord about this: how does His Word affect you, your life right now? Why does the Lord now offer you this thought?
- **Last thing in the day: Daily Reflection.** Take 15 minutes at the end of the day to think back on the day that has passed. Where did you experience God's grace? (Thank Him). Where did you experience strong emotions? (Confess it, and think about it).

You might just start with one habit, then add another one after a week or two and then another one later. Initially, you do it because you have to, but somewhere in the process you discover its deep value to you and then the habit becomes a lifeline in your walk with the Lord.

IMPORTANT DATES

during March and April

12 MARCH	08:15	Afrikaans Easter Worship Service
	10:00	Combined Easter Worship Service with AM in the Church
14 MARCH	18:30	WELCOME - Reverends visits with new members in the Hall
20 MARCH		Schools Holiday
21 MARCH		Human Rights Day - Public Holiday
23 MARCH	08:30	Kruinjare visit to Nursery and Jasmyn
	18:30	Information evening about Solar Systems in the Chapel
24 MARCH		Schools Close
06 APRIL	18:30	Easter Communion Service - Dr. Jaco in the Church

Good Friday

07 APRIL	08:00 - 10:00	Combined Silent Communion in the Chapel
-----------------	----------------------	-----------------------------------------

Easter Sunday

09 APRIL	06:00	Combined Sunrise Service in the Chapel
	08:15	Afrikaans Easter Service - Dr. Jaco in the Church
	10:00	Combined Easter Service with AM - Dr. Jaco in the Church
10 APRIL		Family Day - Public Holiday
12 APRIL		Schools Open
19 APRIL	10:00	Afrikaans Bible Study kicks off for the Second Term
21-23 APRIL		Confirmation Camp
27 APRIL		Freedom Day - Public Holiday
28 APRIL		Schools Holiday



REVEREND LEAVE

Dr. Anton	leave	17 March - 20 March
Dr. Jaco	off weekend	24 March - 26 March
Dr. Wicus	leave	01 April - 11 April
Dr. Anton	leave	21 April - 07 May

**AH NOOO!
LOADSHEDDING
AGAIN**

SOLAR SYSTEMS

INFORMATION EVENING

AN EXPERT COMES TO TALK TO US ABOUT HOW TO GET STARTED WITH SOLAR & ALL THE DO'S & DON'TS

IT'S FOR FREE! ANY PERSON IS WELCOME!
If you are unsure about a Solar System come and ask all your questions during this evening

23 March at 18:30 We will be gathering in the Chapel

Pancakes during March!

Frozen Pancakes available at R5 a pancake. If you would like freshly baked Pancakes instead please place your order ahead of time with Dollie. **Collect your pancakes Sunday between the Afrikaans services on the lawn at the main entrance!!!**

PHONE DOLLIE TO PLACE ORDERS

☎ 082 851 4876



Kruinjare Nursery & Jasmyn!!



**23
MAR**

Costs for bus are **R150** per person and we leave from church at 08:30. **Free** refreshments on arrival at nursery of **Leon and Elize Scholtz**. Lunch at Jasmyn at your own expense please. Bus leaves again at 15:00

BRING YOUR WALLET COME ENJOY SHOPPING!! ONLY 50 PLACES AVAILABLE!! BOOK YOUR PLACE BEFORE MARCH 20 AT SUSAN.

Susan Oosthuizen 082 300 9731



kruinjare

YEARLY PROGRAM

2023



MUSIC SURPRISE
the month of love

23 FEB

FINISHED- Thank you for everyone who came together and enjoyed the music!

23 MAR *Outing to the Nursery of*
Leon and Elize Scholtz

Bus leaves at 08:30 from church
Refreshments on arrival at nursery
Jasmyn - Lunch at own expense

20 APR

02
05
10

10:00 in the hall
Roadhouse meal
Cool prizes and music!!

BINGO
with
Dr. Wicus

MAY

entecost

SPEAKER **22 JUN**

Petrus Moolman

10:00 in the Chapel
Chicken and Pancakes

20 JUL **SHORT OLD COMEDY MOVIES**

10:00 in the Chapel

Vetkoek with mince and soup will be served in the hall
Johann will play lekker music!

THE FETE

AUG

Am Outing to Garden World **28 SEP**

Bus leaves at 08:30 from church
Lunch R50
Special discount for seniors

OCT

Fest

50 jaar
Constantiakruin
Gemeente

Year End Function
with guest artist
MANIE JACKSON **23 NOV**

10:00 in the Chapel
We will be serving refreshments in the hall



Praise & Worship

Onbeskaamd

19 May at 18:30

R100 a ticket

SCAN & BUY



CLICK & BUY



Met my God



My Halleluja



Kyk n Troon



Constantiakruin



011 475 1440



info@constantiakruin.co.za

HELP & HOPE STORE NEW MANAGEMENT

Thanks for the response on managing the store. The positions have been filled and we are engaged in a handover process.

DR. ANTON

083 967 2275

ELIZE STRIJDOM

060 504 9078

GET INVOLVED

THE STORE IS OPEN EVERY MONDAY
FROM 09:00 - 12:00



Help & Hope



UPDATE, FAMILY NEWS AND ONLINE SERMONS

From next week we will use an "announcement" group in an effort to improve the WhatsApp communication.

This way, your number remains anonymous and we can ensure that the Updates, Online sermon links and events reach you. If you want to continue receiving the messages from the church, please click on the link below to become part of the group.

<https://chat.whatsapp.com/KX2EXJjzTgk0ADtIrD3RM7>

Scan or upload this QR code using the WhatsApp camera to join this group.



LOOKING FOR HOUSE HELP?

Virginia is looking for work on Tuesdays and Thursdays. She is friendly, very reliable and extremely hardworking. She speaks English. **Feel free to contact her at 068 654 9897.**



EVERYONE WELCOME!



SEWING CLASSES

We are a group of ladies who enjoy hanging out and have several projects that we want to tackle. Presented by **Marieta Swanepoel**. Feel free to contact her if you are interested in joining us.

EVERY THURSDAY 14:00 IN THE MINISTRY CENTER

Contact Marieta Swanepoel

 072 828 6024

promiseland

STARTS AGAIN ON 16 APRIL

see all you guys again next term!!

Leandra

INSYNC FAMILY SERVICE AND FORMATION GROUPS

STARTS AGAIN ON 16 APRIL!

see all you guys again next term!!

Wieny

Cooking Classes

Every Thursday from 14:00 to 17:00 in the Church Kitchen

Contact Sanet to register yourself or your housekeeper

R30 per class **SANET VORSTER** **082 963 6234**



Creative Arts



Everyone who enjoys creating something beautiful and artistic with their hands is very welcome to pack what they need, **come to church and come and create together!** Whether it's painting, drawing, designing, clay work, knitting, "scrapbooking", crocheting, colouring, puzzle building and many more, you're welcome!

EVERY THURSDAY FROM 13 APRIL

09:00 - 12:00 Anytime... walk in and leave.

Some Thursdays we will gather and social together with Kruijare!

IN THE CHILDRENS CHURCH

THE ROOM BEHIND THE CHURCH HOUSE

Contact Elsabe Blignaut 084 587 6633 or Church Office 011 475 1440

book exchange club

Thank you to everyone who came to our opening, it was fun! The library will be open every Sunday between the two Afr. We are going to house the books in the "Church House" far left room.

come take one - read and enjoy!

any bookworm from 10 to a 100 yrs.

Afrikaans, English, fiction and non-fiction, spiritual and children's/teen books welcome!

financial & book donations welcome!



For more information about donations and help contact Adrie Fick 011 679 3655



SIMCHA RECOVERY

Addiction & Harmful Behaviours



COMMUNITY group & individual Therapeutic Group Program therapy



EVERY MONDAY & THURSDAY EVENING AT 17:30 - 19:30 ON THE CAMPUS OF CONSTANTIAKRUIN CONGREGATION IN THE ANNEX

FOR INFORMATION: ANDRÉ WIENEKUS ☎ 083 635 4645



MARITAL ENRICHMENT

All 'old marrieds', new loves, counselors and those who want to learn how to enjoy loved ones and relationships all over again.

We explore the joys and challenges of relationships and explore practical steps to take your relationship to the next level.

Love, respect, roles in relationships, conflict management as well as the 7 principles of good marriages are on the agenda.



12-13 May 2023 Friday Evening & Saturday Morning



R150 per person
Includes book/s & meals



Constantiakruin cnr Yolande Drive & Liebenberg Road
Constantiakloof

For more details and to reserve your seat, please call the Church Office or Marjón.

Church Office
011 475 1440

Marjón
082 883 2425

DO YOU HAVE A FAVORITE RECIPE THAT YOU JUST CAN'T WAIT TO SHARE WITH THE WORLD?

WE ARE PUTTING TOGETHER OUR CONSTANTIAKRUIJN

feesjaar kookboek

AND WE NEED YOUR HELP!

Whether it's a family recipe that's been passed down for generations, or a new creation you've come up with on your own, **we want to include it in our book.**

SO DUST OFF YOUR APRON, FIRE UP THE STOVE AND SEND US YOUR FAVORITE RECIPE.

We can't wait to see what delicious dishes you come up with! We encourage you to also share the special story behind the recipe with us. **There is only room for 50 recipes.**

SO HURRY UP AND SEND IT THROUGH TO US AT

INFO@CONSTANTIAKRUIJN.CO.ZA BEFORE 1 MAY !!



CONTACT SUSAN FOR MORE INFO 082 300 9731



feesjaar kookboek

God's story with CK over the past 50 years is told through photos, faith stories and interesting facts.

Please note, only 600 'Feesblaaië' are printed. and will be available for collection from the 1st of October after services or from the church office. Early order secures your 88 page 'Feesblad'.

 **076 791 2312**

constantiakruin.co.za/winkel



Feesblad
50 jaar van genade.
1973-2023


50 jaar
Constantiakruin
Gemeente

Two women are shown smiling and talking at a table, one holding a glass of wine.



Vanilla
AGAIN • AFRESH • ANEW

Moving **AGAIN** ???
Start **AFRESH**...
In **ANEW** home!!!

We specialize
in Pre-Occupation
deep cleaning of
your **NEW** home

for a detailed quotation or more
information contact:

RENE GREYVENSTEIN - 072 692 8843
EMAIL: CECIL.G@ME.COM

**BORROW THE CHURCH
TRAILER**



L = 3m
W = 1.4m
H = 1m

**R350
donation**

**Bookings at the
Church Office**

 **076 791 2312**  **011 475 1440**

NICHES AVAILABLE

There are Niches available in our memorial garden. **The cost per niche is R 500.**
Two boxes fits into 1 niche.



Please contact
the Church Office
for more info.

 **011 475 1440**
 **076 791 2312**

ORDER AND PAY ONLINE

You can now conveniently order and pay for the following online!



PEACHES FROM
MONTAGU

R80

mmmmm...



R250



DIE NUWE NUWE TESTAMENT

Expert Translators
Fresh Afrikaans
Reading Program

SKOONMAAKMIDDELS

YOU GET THE FOLLOWING >>>>>

750ml Sunlight Dishwash Soap, 800ml Comfort Softener, 750ml Handy Andy, 750ml Domestos, 1.5L Omo Auto, 750ml Jik

R150



[click here - constantiakruin.co.za/winkel](https://constantiakruin.co.za/winkel)



VISA



instantEFT
by PayFast



ITEMS MUST BE COLLECTED AT THE CHURCH OFFICE



Teen 2 Adult

Family & Individual Counselling Services



During this assessment, relationships in different systems are being tested:

- School and friends
- Parents and siblings
- The person's experience of his/her parents' marital relationship
- Any other significant people in the person's life
- Does the person experience any discomfort in any of above mentioned relationships
- Attachment will be tested
- Cognitive development of the person
- Possible exposure to trauma in either physical/sexual abuse
- Personality functioning and temperament

This Holistic Socio-Emotional Assessment (scientifically based & developed by Dr Charmaine de Beer from RETSA) is divided in:

- *Verbal conscious information and*
- *Subconscious information where the subconscious cannot be manipulated.*
- *This info shows either the needs or facts, thus the reality according to the child/teen or young adult's perception of life.*

Teen2Adult Counselling Services (AFR/ENG)

Specialize in an assessment done on adolescents (10-27 years)

To get to the root of the problem the child/teen or young adult is facing, for example:

- Challenging behaviour (bullying/being bullied)
- Emotional challenges (seems depressed or unusual change in behaviour)
- School/family/friends/relationship challenges
- Too much pressure – and life or a situation seems overwhelming/ not good enough?
- Trauma (emotional state of discomfort and stress –powerless) etc.
- Anything that makes your body feel uncomfortable

Assessment = 4 x sessions of (45-60) minutes and a feedback session of (90) minutes with all necessary parties involved and discussion for further educational or therapeutic planning.

JOELAINÉ VAN DYK

BA-Soc.Sc. & BA-SIL HONS.

083 460 5578

teen2adultcounselling@gmail.com

17 Outeniqua Street | Noordheuwel | Krugersdorp

SACSSP number 1019588

Other Therapy Available:

Trauma Reparation

Attachment Therapy

Parental Guidance

Grief Care

Divorce Care



Happy Birthday/Anniversary

We would like to congratulate all the members who have a birthday or anniversary this month. We pray that the Lord will bless you all with a beautiful new year of life or marriage.

If your birthday is this month and you don't see your name, it means we don't have the correct information. **Please contact Johann van der Walt** at databasis@constantiakruin.co.za to obtain an update form.

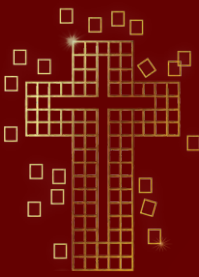
Congrats again!!
Ministry Team

Birthdays

02 March	Loren Nesbit
03 March	Aimee Fraser
06 March	Irene Smith
09 March	Ann Fincham
24 March	Cathy Davy
27 March	Maryke Minnaar
29 March	Christoff van Aswegen

Anniversaries

05 March	Laurie & Estie Lewis
21 March	Clive & Laurine Bevis



Constantiakruin

Andrew Murray
Congregation

SUPPORT GROUPS



Mens Ministry

Dr. Jaco ☎ 082 411 4080

Marriage Counseling Ministry

Marjón ☎ 082 883 2425



AboutHope

Beatie ☎ 011 475 1440

GriefShare

André ☎ 083 635 4645

Magda ☎ 065 723 4347



Breast Cancer Support

Ilza ☎ 083 656 1415

Relationships, Depression, Work Place & Trauma

Marjón ☎ 082 883 2425

Marlene ☎ 083 463 0491



Food | Clothes | Medical Store

Elize ☎ 060 504 9078

DivorceCare

Marjón ☎ 082 883 2425



Children, Depression, Trauma

Ilza ☎ 083 656 1415

Cancer Support

Chrissie ☎ 079 677 8126



Prayer Requests - Fatima

✉ gebed@constantiakruin.co.za

Seniors [above 75 years]

Susan ☎ 082 300 9731



Children & Teens

Leandra ☎ 079 244 1277

Sewing Classes

Marieta ☎ 072 828 6024



Simcha Recovery

André ☎ 083 635 4645

Dementia Inquiries - Tuesday

Katy ☎ 082 829 8799





Dr. Anton Fick

- Leader • Congregational Minister
- Help & Hope • Coram Deo

☎ 083 967 2275

✉ anton@constantiakruin.co.za



Dr. Jaco Schoeman

- Congregational Minister
- Network • Men's Ministry

☎ 082 411 4080

✉ jaco@constantiakruin.co.za



Ds. Barend Buys

- Business Manager • Congregational Minister Andrew Murray

☎ 084 671 0129

✉ barend@constantiakruin.co.za



Dr. Wicus van der Merwe

- Congregational Minister • Youth
- Online Ministry

☎ 082 337 1568

✉ wicus@constantiakruin.co.za



Leandra Seyfferdt

- Youth
- Promiseland

☎ 079 244 1277

✉ leandra@constantiakruin.co.za



Kaysha Barnes

- Youth
- InSync & Studentiteit

☎ 083 515 9896

✉ kaysha@constantiakruin.co.za

MINISTRY TEAM



Janus Venter en Cezelle Bruwer

- Co Ordinators
- Song & Music

☎ 082 379 9721

✉ musik@constantiakruin.co.za



Johann van der Walt

- Technical
- Data Base Administrorr

☎ 083 497 3776

✉ johann@constantiakruin.co.za



Estelle Hepburn

- Secretary

☎ 076 791 2312 ☎ 011 475 1440

✉ info@constantiakruin.co.za



Nick van der Merwe

- Manager Buildings & Grounds

☎ 082 578 0580

✉ nick@constantiakruin.co.za



Robyn Hall

- InSync Music Co Ordinator

☎ 083 370 2011



Isabeau Swanepoel

- Organist

☎ 083 229 7496



Lina Tshabalala

- After Hours Care Taker

☎ 082 740 6927

MINISTRY TEAM

WORSHIP SERVICES

IN THE CHURCH

First Afrikaans Service	08:15
Second Afrikaans Service	10:00
<i>During GED School Terms</i>	
InSync Family Service	17:00

YOUTH

During the GED School Terms

MINISTRY CENTRE

Baby Faith Formation	08:15 - Afrikaans
6 Months - 3 Years	10:00 - English
Nursery Ministry	08:15 - Afrikaans
4 Years - 6 Years	10:00 - English
Primary School Ministry	08:15 - Afrikaans
Gr. 1 - Gr. 6	10:00 - English
High School Ministry	
Gr. 7 - Gr. 11	18:00 - 19:00

CHAPEL

Andrew Murray English Service 10:00

SCHOOL TERMS

1st Term
11 January - 24 March
2nd Term
12 April - 23 June
3rd Term
18 July - 29 September
4th Term
10 October - 13 December

CHURCH OFFICE

Monday - Thursday 08:00 - 13:30
Friday 08:00 - 13:00

☎ 011 475 1440 📞 076 791 2312

✉ info@constantiakruin.co.za

🌐 andrewmurray.constantiakruin.co.za

SOCIAL MEDIA



@constantiakruin



Constantiakruin Andrew Murray Congregation

FINANCES

BANKING DETAILS

NG Constantiakruin
ABSA Bank
Cheque Account
Account: 106 3330 384
Branch Code: 632005
Swift Code: ABSAZAJJ

PAYFAST ONLINE PAYMENTS

constantiakruin.co.za/dankoffers

SNAPSCAN



421HpwCr